

Recipes by chef Nancy Russman©2008

**Chicken Wings with Herbs de Provence**

<b>Ingredients</b>	<b>Amount</b>
Chicken wings	8 each (4 per person)
Lemon juice	1/4 cup
Oil, canola	1/4 cup
Garlic, fresh minced	2 cloves
Herbs de Provence, dried	1 1/2 teaspoons
Salt and Pepper	To taste

**Method:**

- Mix the lemon juice, oil, garlic, herbs and salt and pepper in a bowl
- Put wings in the bowl and coat with the lemon/oil mixture
- Marinate in the refrigerator for 1 – 3 hours
- Grill on medium hot grill turning about 4 times
- When done eat!!!!!!

